



measure  
monitor  
and maintain  
**your health**

## CARDIAC HEALTH CHECK UP PACKAGES



☎ 9388006505, 8921890402

### CARDIAC SILVER

Rs. 3490

- Registration
- Blood Pressure
- Height, Weight & Body Mass Index (BMI)
- **Complete Haemogram**
  - Hb - Haemoglobin
  - TLC - Total Leucocytes Count (white blood cells - WBC)
  - RBC - Red Blood Cells
  - PCV - Packed Cell Volume
  - MCV - Mean Corpuscular Volume
  - MCH - Mean Corpuscular
  - Haemoglobin
  - MCHC - Mean Corpuscular
  - Haemoglobin Concentration
  - RDW CV - Red cell Distribution Width CV
  - Platelet
  - MPV - Mean Platelet Volume
  - PDW - Platelet Distribution Width
  - DC - Differential Count
  - Neutrophils
  - Lymphocytes
  - Eosinophils
  - Basophils
  - ESR - Erythrocyte Sedimentation Rate
- **Tests for Diabetes**
  - Fasting Blood Sugar
  - Post Prandial Blood Sugar (PPBS)
- **Renal Function Test**
  - Urea
  - Creatinine
  - Uric Acid
- **Test for Liver**
  - SGOT
  - SGPT
- **General Tests**
  - X-Ray Chest
- **Lipid Profile**
  - Triglycerides
  - Cholesterol
  - HDL - Cholesterol
  - LDL - Cholesterol
  - VLDL - Cholesterol
  - LDL/HDL Ratio
  - Total Cholesterol/HDL Ratio
- **Cardiac Assessment**
  - ECG
  - Echo Adult
  - TMT Plain
- **Risk Scores**
  - FRAX Score
  - ASCVD Risk Score
- **Food & Beverage**
  - Breakfast
  - Lunch
- **OP Consultations**
  - Cardiology
  - Diet & Nutrition Counselling



### CARDIAC GOLD

Rs. 6400

- Registration
- Blood Pressure
- Height, Weight & Body Mass Index (BMI)
- **Complete Haemogram**
  - Hb - Haemoglobin
  - TLC - Total Leucocytes Count (white blood cells - WBC)
  - RBC - Red Blood Cells
  - PCV - Packed Cell Volume
  - MCV - Mean Corpuscular Volume
  - MCH - Mean Corpuscular Haemoglobin
  - MCHC - Mean Corpuscular Haemoglobin Concentration
  - RDW CV - Red cell Distribution Width CV
  - Platelet
  - MPV - Mean Platelet Volume
  - PDW - Platelet Distribution Width
  - DC - Differential Count
  - Neutrophils
  - Lymphocytes
  - Eosinophils
  - Basophils
  - ESR - Erythrocyte Sedimentation Rate
- **Test for Diabetes**
  - Fasting Blood Sugar
  - Post Prandial Blood Sugar (PPBS)
  - Glycosylated Hb (HbA1c)
- **Renal Function Test**
  - Urea
  - Creatinine
  - Uric Acid
  - eGFR
- **Serum Electrolytes**
  - Sodium, Potassium, Chloride
- **Liver Function Test**
  - Bilirubin (Total & Direct)
  - Alkaline Phosphatase
  - SGOT
  - SGPT
  - Total Protein
  - Albumin
  - Globulin
- **Complete Urine Analysis**
  - Colour
  - Appearance
  - Specific Gravity
  - pH
  - Albumin
  - Glucose
  - Ketone
  - Bilirubin
  - Urobilinogen
  - Blood
  - Leucocytes
  - Nitrate
  - WBC
  - RBC
  - Epithelial cells
  - Bacteria
  - Yeast like cells
  - Casts
  - Crystals
- **Lipid Profile**
  - Triglycerides
  - Cholesterol
  - HDL - Cholesterol
  - LDL - Cholesterol
  - VLDL - Cholesterol
  - LDL/HDL Ratio
  - Total Cholesterol/HDL Ratio
- **General Tests**
  - X-Ray Chest
  - USG Abdomen & Pelvis
  - Pulmonary Function Test (PFT)
- **Cardiac assessment**
  - ECG
  - Echo
  - TMT
  - USG - Colour Doppler Carotid
  - HsCRP
- **Food & Beverage**
  - Breakfast
  - Lunch
- **Risk Scores**
  - FRAX Score
  - ASCVD Risk Score
- **OP Consultations**
  - Cardiology
  - Diet & Nutrition Counselling



### CARDIAC PLATINUM

Rs. 14400

- Registration
- Blood Pressure
- Height, Weight & Body Mass Index (BMI)
- **Complete Haemogram**
  - Hb - Haemoglobin
  - TLC - Total Leucocytes Count (white blood cells - WBC)
  - RBC - Red Blood Cells
  - PCV - Packed Cell Volume
  - MCV - Mean Corpuscular Volume
  - MCH - Mean Corpuscular Haemoglobin
  - MCHC - Mean Corpuscular Haemoglobin Concentration
  - RDW CV - Red cell Distribution Width CV
  - Platelet
  - MPV - Mean Platelet Volume
  - PDW - Platelet Distribution Width
  - DC - Differential Count
  - Neutrophils
  - Lymphocytes
  - Eosinophils
  - Basophils
  - ESR - Erythrocyte Sedimentation Rate
- **Test for Diabetes**
  - Fasting Blood Sugar
  - Post Prandial Blood Sugar (PPBS)
  - Glycosylated Hb (HbA1c)
- **Renal Function Test**
  - Urea
  - Creatinine
  - Uric Acid
  - eGFR
- **Serum Electrolytes**
  - Sodium, Potassium, Chloride
- **Liver Function Test**
  - Bilirubin (Total & Direct)
  - Alkaline Phosphatase
  - SGOT
  - SGPT
  - Total Protein
  - Albumin
  - Globulin
- **Complete Urine Analysis**
  - Colour
  - Appearance
  - Specific Gravity
  - pH
  - Albumin
  - Glucose
  - Ketone
  - Bilirubin
  - Urobilinogen
  - Blood
  - Leucocytes
  - Nitrate
  - WBC
  - RBC
  - Epithelial cells
  - Bacteria
  - Yeast like cells
  - Casts
  - Crystals
- **Lipid Profile**
  - Triglycerides
  - Cholesterol
  - HDL - Cholesterol
  - LDL - Cholesterol
  - VLDL - Cholesterol
  - LDL/HDL Ratio
  - Total Cholesterol/HDL Ratio
- **General Tests**
  - X-Ray Chest
  - USG Abdomen & Pelvis
  - Pulmonary Function Test (PFT)
- **Cardiac assessment**
  - ECG
  - Echo
  - TMT
  - USG - Colour Doppler Carotid
  - 128 Slice CT Coronary Angiogram/CT
  - Coronary Artery Calcium Scoring
  - HsCRP
- **Risk Scores**
  - FRAX Score
  - ASCVD Risk Score
- **Food & Beverage**
  - Breakfast
  - Lunch
- **OP Consultations**
  - Cardiology Consultation
  - Diet & Nutrition Counselling

## General Instructions

- Please report at 8am with atleast 8 hour fasting (no food/drinks). Plain water can be taken. Please ensure that the fasting time does not exceed 12 hours.
- Please report to the health check up desk, located in the main building, ground floor, B Block
- For ECG, Echo/treadmill tests, men should remove their chest hair
- All previous health records and current medications should be carried while reporting for health check up
- For any queries or assistance, please call 9388006505

☎ 9388006505, 8921890402  
0484 4331053 (9am to 6 pm)



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